



John Port Spencer Academy PE Department Knowledge Organiser



Activity: Rugby

Year: 7

Key Skills:

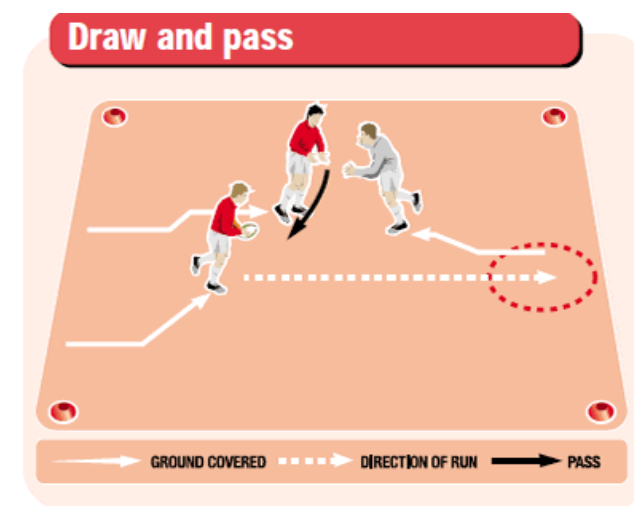
Passing- a skill used to move the ball from player to player. There are a variety of passes depending on position, game situation and are of pitch.

Tackling- a skill used to try to stop an opponent who has the ball by bringing them down to the ground. There are different types of tackles and safe tackling technique is extremely important.

Positioning- this is the position a player takes on the field. This is very important to abide by the laws of the game and also to score tries.

Carrying- a skill used to gain territory and score tries. This is where a player keeps the ball as they progress down the pitch.

Handling- a skill used to catch and throw the ball. Very important to move the ball effectively and to open up space.



Stretch and Challenge Task:

- Watch a premiership or international rugby game with focus on the different positions on the pitch. What different positions are there and what role do the different players take up on the pitch?

Key Content and Terms to learn:

- Knock-on
- Forward pass
- Try