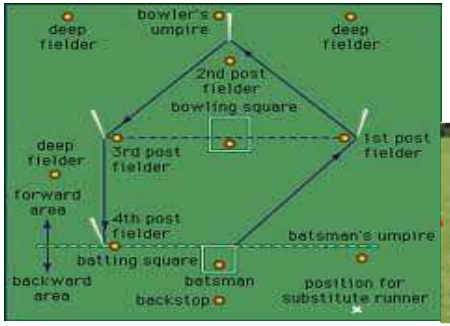
John Port Spencer Academy PE Department
Knowledge Organiser YEAR 9 - ROUNDERS

Key Skills:

UNDERARM BOWLING – Hold ball in dominant hand, step forward with opposite leg, swing arm and release ball before shoulder height. Aim for the backstops hands. You can put spin on the ball (twist the wrist as you bowl) or throw faster to make it harder for the batter. You can also do a "donkey drop" ball which goes high but drops to the correct height once it reaches the batter.



BATTING/HITTING – Stand sideways on to the bowler with the bat up and behind you. Swing through with the hips and follow through with the swing. Move body and arm position to hit to a different area.

CATCHING – you can get someone out by catching their hit or by stumping them at a post after catching the ball. Get in position under the ball, hands in a cup shape. Bring the ball close into the body to ensure it is not dropped.

THROWING – a high elbow, the correct grip of the ball and power through the arm, achieves an effective overarm throw.

FIELDING - using different techniques in order to get the ball back to the bowler or to a post. E.G. long barrier fielding for stopping a low or rolling ball.

RULES

1. **You must start in the batting box and not step out of it.**
2. **You only get 1 ball bowled at you, after which you must run whether you hit it or not.**
3. **You must keep in contact with a post once you have decided to stop.**
4. **A no ball is – above the batters head, below the knee, the wrong side of the body, too wide and too close into the body.**
5. **If you hit a ball behind, then you must wait at first post until the ball comes forward of the batting box. You may then run on.**
6. **If you hit the ball and get all the way round you score 1 rounder, if you get to 2nd post, you score ½ a rounder. If you do not hit the ball but get all the way round you score ½ a rounder. You also score ½ a rounder if you get 2 no balls bowled at you.**
7. **You get ½ a rounder for obstruction if the fielders get in the way of your run to a post.**

Stretch and Challenge Task:

Try to find a clip online, of a game of rounders. There is an England team! Visit the England Rounders website and find out about a rule you are not sure about.

www.roundersengland.co.uk

Key Content and Terms to learn:

Bowling	**Throwing**
Batting	**Long barrier fielding**
No ball	**Spin**
Backstop	**Obstruction**
Fielding	
Catching	