

JOHN PORT SPENCER ACADEMY (2019-2020)



Lee Shepherd
DSL

(ext 1219)



Carolyn Golaub
Deputy DSL

(ext 1402)



Wayne Perry
Safeguarding Officers
(Mental Health Leads)

(ext 1413/1411)



Viki Davies

(ext 1411)



Nathan Collier

(Prevent Lead)

(ext 1404)



Alice Southall
Safeguarding Officers

(Anti-Bullying Lead)

(ext 1406)



Gail Barnett

(Sixth form lead)

(ext 1257)

Safeguarding Newsletter 3 for Parents



February 2020

John Port Spencer Academy Safeguarding Team

IMPORTANT UPDATES

Time to talk day – On Thursday 6th February it was Time to Talk day. All staff received an e-mail to invite them all to take part in discussions about mental health to try and break down the barriers around the stigma preventing people talking about it.

Staff concentrated on the simple, but important gestures like telling students 'I'm free for 5 minutes today to talk about mental health' and letting students know where they could find them if they wanted to talk. Staff also signposted students to some informative websites such as Young Minds, Time to Change, Mind, Samaritans and Kooth. These are all sites where students can go to get help and the support above what is already available in school.

The e-mail also reminded us to look out for staff members too and perhaps sharing a random act of kindness such as making a cup of tea for someone are small things that can support a colleague in a big way.

The message we all took away with us is that if we all look out for each other within the school community no student or staff member should ever feel that they cannot cope or look forwards.

Safer Internet week – John Port Spencer Academy takes the time each year to promote the safer and more responsible use of online technology and mobile phones. During the w/c 3rd February (one week earlier as we had Health assemblies booked in this week) each year group received an assembly dedicated to the safer use of online technology. The information provided supported the ongoing work on E-Safety throughout the academy during registration periods, enrichment days and through computer technology lessons.

Emotional well-being surveys – The school continues to support the emotional well-being agenda though working with the local authority and specialist providers. All year 9 and 10 students are completing an emotional well-being survey called 'The Blues Programme' for the organisation 'Action for Children' that will allow us to learn from the findings, as well as to further support identified students. On Enrichment day 4 all year 8-11 students will be completing a different survey that many Derbyshire schools will be completing called Derbyshire's Youth wellbeing survey 2020 - My life, my view'.

Supporting CRY and Young Carers

Thank you to our amazing prefect team who completed a range of activities to raise money for the charity CRY (Cardiac Risk in the Young). Assemblies have taken place along with a charity football match where year 13 triumphed beating year 12 on penalties. There is also a cake sale still to take place on Friday (14th Feb) to raise further money for this very important charity.

A big thank you to the Year 9 Prefect Team and Sixth Form Prefects who supported the Hot Chocolate and Cake morning in C Hall on Thursday 30th January (Young Carers day). Rosie McCann, Toby Arnold and Zoe Bates worked tirelessly with the Year 9 team to put on a great selection of hot drinks and cakes and gave up their break and lunch time to serve. They raised over £200 for Derbyshire Young Carers who support young adults and children who care for family members with life limiting illnesses and disabilities.

Attendance on Enrichment Days – Enrichment days are the academy's primary approach to the teaching of Personal, Social, Health and Economic education. Whilst we also deliver this incredibly important aspect of the curriculum through other means such as registration periods, assemblies, citizenship lessons, PRE lessons and throughout the entire curriculum it is during Enrichment days that we go in to the most depth and invite in guest speakers and specialist services. It is for this reason that Enrichment days should be viewed as highly as a normal day when students are in their academic lessons. The main themes that are covered during Enrichment days are:

- Careers education
- Relationships & Sex Education
- E- Safety
- British Values & Anti Radicalisation
- Preventing Substance Abuse
- Anti-Bullying
- Emotional well-being, resilience and mindfulness
- Healthy Lifestyles

JPSA student mentors – Peer mentoring is an area that is thriving at JPSA and is something that we and the student prefect team are very proud of. This is led by Mrs Pemberton. To give you an understanding of all of the support in place please see all of the peer mentoring groups below.

Peer Partners: Currently matching 20 students in Year 11 and 10 to sixth form mentors. Mentors support students in a 'wellbeing check' every Monday and Friday registration. Sixth Formers dedicate one of their free periods to supporting their mentee in class or in supervised study in the library. Overseen and managed by Student Leader – Amy Burchell. Mentors have also supported students on a trip to the University of Derby.

Jubilee Partners: Currently matching 10 sixth form students with 10 students from Year 7 to 11 that access specialist provision within Jubilee (student support, the emotional well-being Hub, Learning Support Centre). More intensive support and more regular focusing on wellbeing and academic support is provided. Overseen and managed by Student Leader – Dan Broderick.

Form Mentoring: Currently Year 11 Prefects support every Year 7 Form once a week and run form time activities such as games club, dominos club, book club and wellbeing checks. Overseen and managed by Student Leader – Dan Broderick.

Academic Mentors: Small group of Year 12 Prefects who specialise in academic support. They work alongside the Peer Partner Mentors to provide extra support to students who are below target in core subjects. They can also support in class as well as during free periods. Overseen and managed by Student Leader – Amy Burchell.

All mentors receive regular supervision each term. All mentors and mentees have a supervision meeting each term to review targets – this is referred to as the Peer Partner Tracker.