

JOHN PORT SPENCER ACADEMY (2020-2021)



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Alison Brown
(Year 7 Link)

John Port Spencer
Academy
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Parent
Safeguarding
Newsletter 6



July 2021

John Port Spencer Academy Safeguarding Team

Safeguarding Team – We have a new member of staff who has joined the Safeguarding team and will be in that role from September. Alison Brown has completed her DSL training and whilst all safeguarding team members will support all safeguarding areas throughout the academy there are specific areas that they have ownership of. Alison will have a specific focus on Year 7 students to ensure they feel completely supported in partnership with the Year 7 team.

Diversity Week – A big thank you to the Diversity and Inclusion student leadership team who prepared some resources to run in registration time to enable all form tutors to highlight Diversity Week and Pride Month. All students worked on a Pride Flag Quiz, looked at an Introduction to Pride, and also received a presentation on role models and language with regards to Pride.

Enrichment Day 5 (Activities Days) – A big thank you to all of the staff that enabled and supported Enrichment Day 5. I would also like to thank parents for ensuring Students arrived in their PE kit and remained in school until 3.45pm. It was lovely to see the students smile and have a great time. The days were very successful and the students were amazing. All students seemed to have fun and challenge themselves on the three inflatable activities, engage in both the teamwork activities and the creative origami task or STEM challenge, and more importantly took time to share their fun with both their peers and staff.



Railway Safety – Due to the very high level of trespassing on the tracks by young people Network Rail in partnership with Learn Live are working to help raise awareness to students across the UK educating them about the dangers of the train tracks through interactive digital delivery.

We have shared the video in the link below with students during an allocated registration period, but Network rails also asked all schools to urgently share the relevant safety video with parents who can watch it at home before the Summer break, as they traditionally see an increase in trespassing over this holiday period.

The video lasts 15 minutes. When you click on the link it just asks you to register some basic details and click on the parent option. It will then provide you with access to the video.

<https://learnliveuk.com/network-rail-secondary-school-safety-talk/>

Playing in water – As the summer months are approaching, the likelihood that young people will be attracted to play / swim in lakes, rivers, quarries and open water increases. Open Water includes areas such as flooded quarries, ponds, reservoirs, rivers, canals as well as the sea. Around 85% of accidental drownings occur at open water sites and many of these are due to a lack of knowledge and understanding of the hazards at open water sites. This is further compounded by the fact that where young people are attracted to these sites there is no planning which takes place and no supervision of such improvised activities by competent persons. The purpose of this information is to remind young people of these dangers and the high risk that swimming in open water presents.

My life my view survey – All Year 8, 9 and 10 students have taken part in the 'My Life, My View' emotional wellbeing survey for Derbyshire. Once the Local Authority have analysed the data from all students across Derbyshire they will share their findings with us which will help to inform the academy's future interventions and the way we support our students

Road Safety – All Year 7 forms received a one hour virtual road safety presentation this term called '**Streetwise**', which followed four Year 7 students on their way to school and during a Geography field trip. We see all the characters being distracted from safe road use, examine the potential consequences and highlight the importance of paying full attention on the roads at all times. All Year 7 students were very attentive and we hope that it has re-educated students on the potential dangers, as well as how to remain safe when crossing and being close to all types of roads.

Cycle Security/Safety – On Wednesday of this week (14th July) the Safer neighbourhood team came in to school to mark student's bikes to increase their bike security. They also gave some high visibility items to increase cycle safety.

Top tips to keep students safe over summer - We want every student to enjoy their free time but we also want them to stay safe. Some of the simple tips below are Derbyshire safeguarding guidelines to help students to stay safe and feel more confident in doing so.

- Take responsibility for your actions
- Always tell an adult where you are going and inform them of where you are at all times
- See something, Say something
- Don't mess about near dangerous places such as railway lines, overhead electricity lines or roads
- Be sensible near water and only go swimming if there is a lifeguard
- Stay safe online and keep your personal details safe. If in doubt always tell your parents
- Never share any inappropriate images.
- **For more information and for key safeguarding agency contact details please see the list of support services on the following two pages as well as being accessible on our school website.**
- **You can also contact the safeguarding team throughout summer if required via Safeguarding@johnport.derbyshire.sch.uk**

Support Services Information

- ChildLine (telephone helpline **0800 1111** open 9am – midnight)
- Derbyshire Mental Health Support Line (Call **0300 790 0596** between 9am and midnight, every day)
<https://www.derbyshirehealthcareft.nhs.uk/getting-help/coronavirus-covid-19/mental-health-support-line>
- ChatHealth (confidential help and advice via text message from a health professional) <https://chathealth.nhs.uk/> (9am – 4.30pm, Monday to Friday (except bank holidays))
- Derbyshire School Nursing Team (Information and advice) <http://www.derbyshireschoolnurses.org.uk/young-people>
- Build Sound Minds <https://services.actionforchildren.org.uk/derbyshire/build-sound-minds/>
- CAMHS (Children and Adolescents Mental Health Services) <https://www.camhsnorthderbyshire.nhs.uk/>
<https://www.derbyshirehealthcareft.nhs.uk/services/childrens-mental-health-services-camhs-derby-and-southern-derbyshire>
- Sexual Health Services (Advice, support, contraception and STI checks for young people in Derbyshire)
<https://www.yoursexualhealthmatters.org.uk/>
- C Card Scheme (Free contraception service) <https://www.yoursexualhealthmatters.org.uk/contraception/c-card>
- SV2 (Supporting victims of sexual violence in Derbyshire) <https://www.sv2.org.uk/>
- Space 4 U support for young people affected by other people using alcohol or drugs <https://www.actionforchildren.org.uk/in-your-area/services/early-years-and-family-support/space-4-u/>
- Safer Derbyshire <http://www.saferderbyshire.gov.uk>
- Derbyshire Carers Association <https://derbyshirecarers.co.uk/young-carers-service>
- First Steps Derbyshire (support for eating disorders) <https://firststepsed.co.uk/>
- CGL support for young people using alcohol or drugs <https://www.changegrowlive.org/young-peoples-service-derbyshire/>
- LiveLife Better Derbyshire-For stop smoking support <https://www.livelifebetterderbyshire.org.uk/services/stopping-smoking/>

Emotional wellbeing support for young people and parents / carers



You and Co is a Victim support's youth programme that helps young people cope with the impact and effects of crime. You don't have to report the crime to the police to get support from us.

[Children and young people - Victim Support](#)



Derbyshire Constabulary:

[Home | Derbyshire Constabulary](#)



Since 2002, we have been tackling child sexual exploitation by providing high quality tailored one-to-one support to victims and young people at risk in Derby and Derbyshire. From 2019, whilst maintaining our specialism in sexual exploitation, we have expanded our services to include all forms of exploitation. Our vital work ensures that individuals receive the support they need to move forwards in their lives.

[Home - SAFE AND SOUND \(safeandsoundgroup.org.uk\)](#)



Action for Children

Daily tips and tricks on how to boost your well-being/ Feeling Good. Offering support around fostering, adoption and through resources.

[Action For Children | Children's charity | For safe and happy childhoods](#)



Kooth

An online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop and free at the point of use.

[Kooth | Home](#)



NHS Derby and Derbyshire Clinical Commissioning Group

There are many resources available on the Joined-up Care Derbyshire website: <https://joinedupcarederbyshire.co.uk/> which brings together information from Health across Derby and Derbyshire.

[Children and Young People's Mental Health and Wellbeing \(derbyandderbyshireccg.nhs.uk\)](https://derbyandderbyshireccg.nhs.uk)



Every Mind Matters

a good resource site and section on 'Looking after children and young people during the coronavirus outbreak'

Anxiety | Every Mind Matters | One You (www.nhs.uk)

[Every Mind Matters - NHS \(www.nhs.uk\)](http://www.nhs.uk)



Emotional Health & Wellbeing
Transforming Health & Wellbeing for Everyone

Derby and Derbyshire: Emotional Health and Wellbeing.

Online toolkit. Sections for professional, parent carer and child /young person

[Derby & Derbyshire - Emotional Health & Wellbeing \(derbyandderbyshireemotionalhealthandwellbeing.uk\)](https://derbyandderbyshireemotionalhealthandwellbeing.uk)



QWELL website

Qwell is a free online Mental Health and Wellbeing resource for parents and carers of young people under the age of 18

Available 365 days of the year via mobile, tablet and desktop devices from 12 noon to 10pm

Monday-Friday and 6pm-10pm at weekends

[Home - Qwell](#)